

You Want It?

Choreographer: Joshua Talbot (November 2025)
Music: U Know What's Up – 4*TOWN (3.09m)
Level: Improver: 4 Wall
Counts: Counts: 32 **Extras:** 1 restart – see below
Intro: **4 counts from start of track – Start on the first heavy beat**

Section 1: R HEEL GRIND, L HEEL GRIND, R HEEL ¼ GRIND, BEHIND, ¼, ¼, TOUCH

1, 2& Step R heel over L, twist R toe to R as you step L to L, step R together
3, 4& Step L heel over R, twist L toe to L as you step R to R, step L together
5, 6 Step R heel fwd, twist R toe ¼ R as you step L to L side
7&8& Step R behind L, ¼ L step L fwd, ¼ L step R to R, touch L together

Section 2: L HIP ROLL, L HIP ROLL, ¼ FWD, ½ BACK, BACK PONY

1, 2 Step ball of L to L side and roll hips to the left, bring hips back to centre
3, 4 Step ball of L to L side and roll hips to the left, bring hips back to centre
5, 6 ¼ L step L fwd, ½ L step R back
7&8 Step L slightly back, step R on the spot, step L on the spot #

Section 3: BACK PONY, BACK PONY, ROCK BACK, RECOVER, ½ BACK, ¼ SIDE

1&2 Step R slightly back, step L on the spot, step R on the spot
3&4 Step L slightly back, step R on the spot, step L on the spot
5, 6 Rock R back, recover weight L
7, 8 ½ L step R back, ¼ L step L to L

Section 4: CROSS, SIDE, BEHIND, ¼ FWD, ½ PIVOT, ½ BACK, ¼ SIDE

1, 2 Cross R over L, step L to L
3, 4 Step R behind L, ¼ L step L fwd
5, 6 Step R fwd, ½ L take weight L
7, 8 ½ L step R back, ¼ L step L to L

32

Restart: Wall 6: Dance to count 16 then restart

Ending: Dance to 8 in section 3 and then cross R over L at front.

Official Teach and Demo can be found at <https://www.youtube.com/user/MrJbtalbot> or by visiting my website www.linedancesydney.com

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