

# 7:31 (Baby Blues)

**Choreographer:** Joshua Talbot (Aus) 2026

**Music:** Baby Blues by Ashley Cooke

**Level:** Intermediate

**Counts:** 32 counts, 4 walls

**Start:** 4 counts. Start on the word "Blues"

## **(1-8) SIDE, CROSS ROCK, SIDE SHUFFLE $\frac{1}{4}$ , $\frac{3}{4}$ PIVOT, SIDE SHUFFLE**

**1, 2, 3** Step R to R, cross rock L over R, recover weight R

**4&5** Step L to L, step R together,  $\frac{1}{4}$  L step L fwd

**6, 7** Step R fwd, twist  $\frac{3}{4}$  L taking weight onto L (pivot)

**8&1** Step R to R, step L together, step R to R

## **(9-16) HOLD, BALL CROSS, SIDE, TOUCH BEHIND, UNWIND, STEP, FWD CHA CHA WITH ROCK**

**2&3** Hold with weight on R, step L together, cross step R over L

**4, 5, 6** Step L to L, touch/lock R toe behind L foot, unwind  $\frac{3}{4}$  R keeping weight on L

**7** Step R fwd

**8&1** Step L fwd, step R together, rock L fwd (*Starting a rocking Chair*)

*(Extra turn: When you do the unwind on count 6 you can add an additional spiral turn over R shoulder keeping R foot low and in front of L on count 7 just before you step fwd on R foot. The extra turn will technically be on '&' then step R fwd on count 7. Best to watch the tutorial video on my website for a better understanding)*

## **(17-24) RECOVER, ROCK BACK, RECOVER, $\frac{1}{4}$ SIDE STEP, TOUCH BEHIND, $\frac{1}{4}$ , $\frac{1}{2}$**

**2, 3, 4** Recover weight R, rock L back, recover weight R (*feel free to sway/use hips*)

**5, 6**  $\frac{1}{4}$  R step L to L, touch R toe behind L foot

**7, 8**  $\frac{1}{4}$  R step R fwd,  $\frac{1}{2}$  R step L back

*(On count 6: Look L and click L fingers to left side at waist height)*

## **(25-232) $\frac{1}{4}$ SIDE, ROCK BEHIND, SIDE, ROCK BEHIND, ROLLING VINE $\frac{1}{4}$ , $\frac{1}{2}$ , $\frac{1}{2}$ , $\frac{1}{2}$**

**1, 2&**  $\frac{1}{4}$  R step R to R side, slightly rock L behind R, recover weight R

**3, 4&** Step L to L side, slightly rock R behind L, recover weight L (*prep to turn R*)

**5, 6**  $\frac{1}{4}$  R step R fwd,  $\frac{1}{2}$  R step L back

**7, 8**  $\frac{1}{2}$  R step R fwd,  $\frac{1}{2}$  R step L back

*(Non-turning option-5, 6, 7, 8: Side, behind,  $\frac{1}{4}$  R fwd,  $\frac{1}{2}$  R back on left)*

**Restart: Wall 4** – Dance to count 24, add the  $\frac{1}{4}$  R on count 25 as normal but this will be your restart you too 3 o'clock. After the flick, just full turn roll to R.

**Finish: End of the last wall and step R to R.**