

# LEANING ON



**Choreographer:** Alison Johnstone, Jo Kinser & Joshua Talbot (Feb 2026)  
**Music:** Leaning On by Stephen McWhirter (Single) Avail on I tunes etc. 4.19  
**Level:** Intermediate: 2 Wall  
**Counts:** 48 Counts **Extras:** No Tags / No Restarts  
**Intro:** Start on the word "TIME" (6 seconds)

## **Section 1: L SIDE LUNGE, RECOVER DRAG TOGETHER, $\frac{3}{4}$ BASIC L, $\frac{3}{8}$ BASIC L (10.30)**

**1, 2, 3** Large step L to side bending l knee, Hold, Hold (Bring R arm across body from R to L)  
**4, 5, 6** Recover weight R dragging L together over 2 counts in (Bring R arm Back to side)  
**1, 2, 3**  $\frac{1}{4}$  L step L fwd,  $\frac{1}{2}$  L step R together, Step L together (3.00)  
**4, 5, 6** Step R back,  $\frac{3}{8}$  L step L to side, Step R together (10.30)

## **Section 2: L FWD LUNGE, RUN BACK, BACK DRAG TOES TOGETHER, $\frac{3}{4}$ TWINKLE (7.30)**

**1, 2, 3** Step Fwd L bending l knee Hold, Hold (Bring R arm fwd and up)  
**4, 5, 6** Step R back, Step L back, Step R back (Bringing R arm down)  
**1, 2, 3** Step L back, Drag R toe in front of L toe over 2 counts  
**4, 5, 6**  $\frac{1}{8}$  R Cross R over L (12.00),  $\frac{1}{4}$  R step L back (3.00)  $\frac{3}{8}$  R step R to side (7.30)

## **Section 3: STEP FWD, $\frac{1}{8}$ SWEEP, $\frac{5}{8}$ TWINKLE, STEP FWD, $\frac{1}{8}$ SWEEP, $\frac{1}{4}$ TWINKLE (3.00)**

**1, 2, 3** Step L fwd,  $\frac{1}{8}$  L sweeping R from back to front over 2 counts (6.00)  
**4, 5, 6** Cross R over L,  $\frac{1}{4}$  L step back L (9.00),  $\frac{3}{8}$  R step R to side (1.30)  
**1, 2, 3** Step L fwd,  $\frac{1}{8}$  L sweeping R from back to front over 2 counts (12.00)  
**4, 5, 6** Cross R over L,  $\frac{1}{4}$  L step back L (3.00), Step R together

## **Section 4: $\frac{3}{4}$ FALL AWAY DIAMOND (6.00)**

**1, 2, 3** Cross L over R,  $\frac{1}{8}$  L step back R, Step back L (1.30)  
**4, 5, 6** Step R back,  $\frac{1}{4}$  L Step L side, Step R fwd (10.30)  
**1, 2, 3** Step L fwd,  $\frac{1}{4}$  L Step R side, Step L back (7.30)  
**4, 5, 6** Step R back,  $\frac{1}{8}$  L step L side, Cross step R over L (6.00)

**\*\*Ending: You will be facing 12.00 dance up to FWD LUNGE to 10.30 (1,2,3 Section 2) HOLD keeping R arm up.**

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