Power to Move

Choreographer: Joshua Talbot 2026
Music: Move On – Kevin Power & Shaboozey
Level: Intermeidate: 4 Wall
Counts: Counts: 32 2 restarts – see below
Intro: 32 counts

Section 1: STEP, LOCK, STEP, TOGETHER, ½, STEP, LOCK, STEP, TOGETHER, ¼
1, 2 Step R fwd, lock L behind R
3&4 Step R fwd, step L fwd ½ R, step R together
5, 6 Step L fwd, lock R behind L
7&8 Step L fwd, step R fwd ¼ L, step L together

Section 2: CROSS ROCK, SIDE ROCK, BEHIND, ¼ FWD, PIVOT ¼
1, 2 Cross rock R over L, recover weight L
3, 4 Rock R to R, recover weight L
5, 6 Step R behind L, ¼ L step L fwd
7, 8* Step R fwd, ¼ L taking weight L*

Section 3: CROSS ROCK, SIDE ROCK, BEHIND, ¼ FWD, FWD, TOGETHER
1, 2 Cross rock R over L, recover weight L
3, 4 Side rock R to R, recover weight L
5, 6 Step R behind L, ¼ L step L fwd
7, 8 Rock R fwd, recover weight L

Section 2: STEP FWD, SWEEP, CROSS, SIDE, BACK/BEHIND, SWEEP ¼, BACK, TOGETHER
1, 2 Step R fwd, sweep L from back to front
3, 4 Cross L over R, step R to R
5, 6 Step L back, sweep R from front to back making a ¼ R
7, 8 Step R back, step L together

32

Restarts*
Wall 2 & 6: Dance to count 16 and restart*

Official Teach and Demo can be found at https://www.youtube.com/user/MrJbtalbot
or by visiting my website www.linedancesydney.com

Joshua Talbot, NSW Australia
+61 407 533 616 inofo@linedancesydney.com www.linedancesydney.com